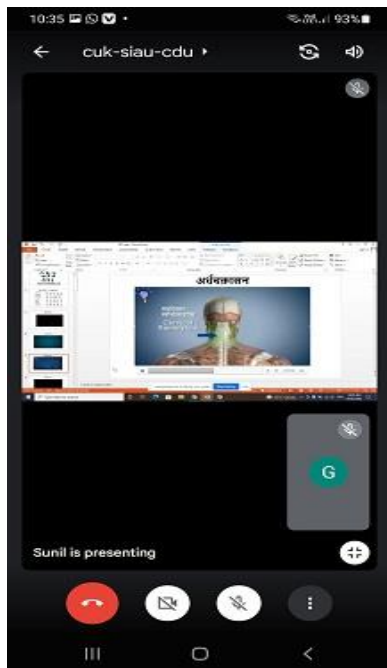
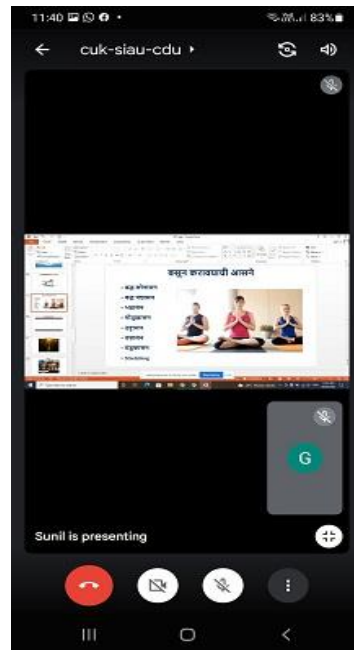


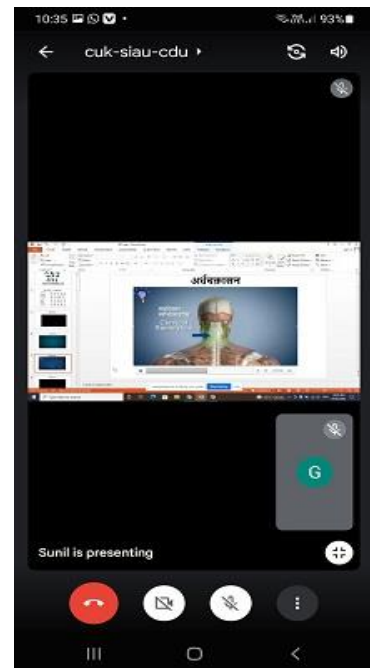
stress management skill yogasana program 2021-2022



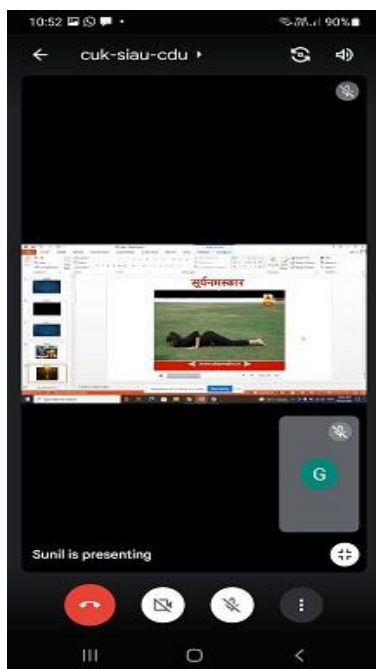
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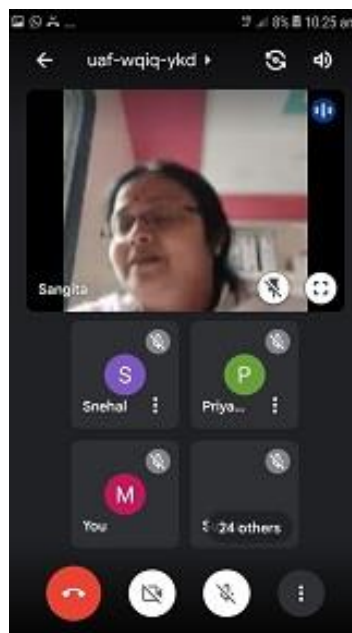
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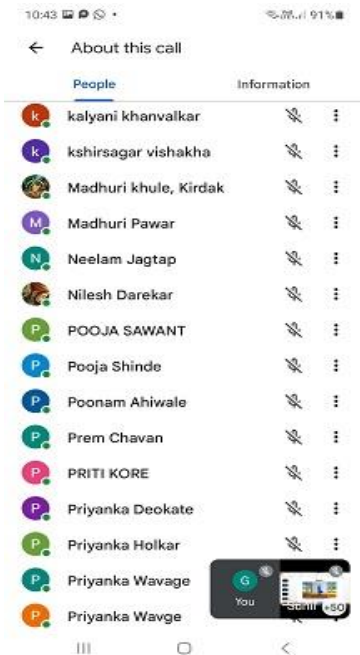
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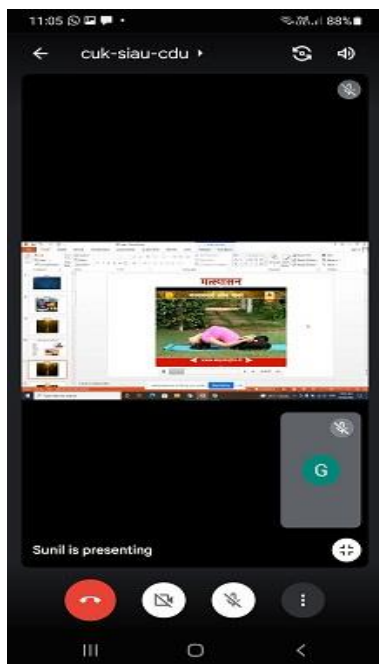


CONCEPT OF STRESS- LEC

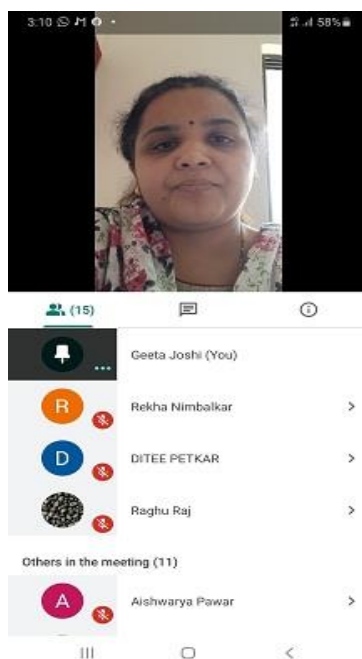


PRESENTY OF YOGASAN

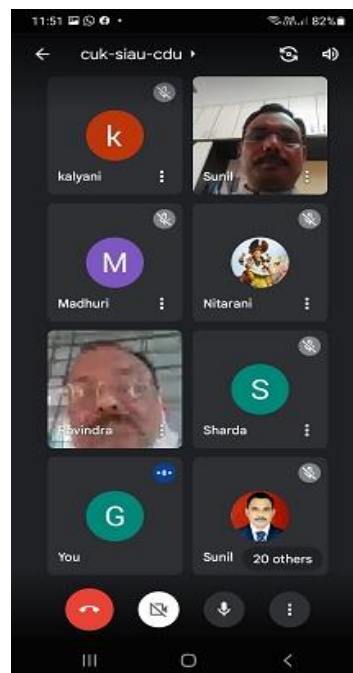
stress management skill yogasana program 2021-2022



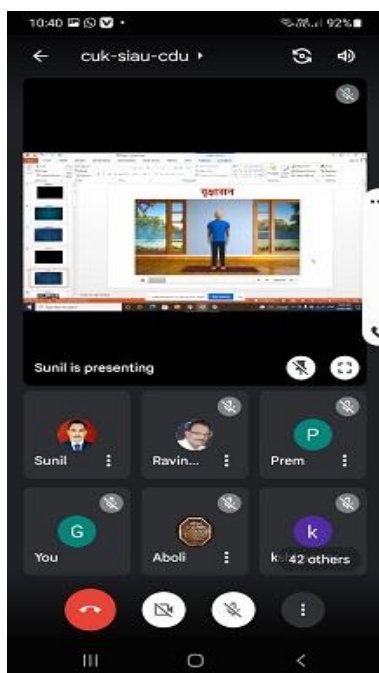
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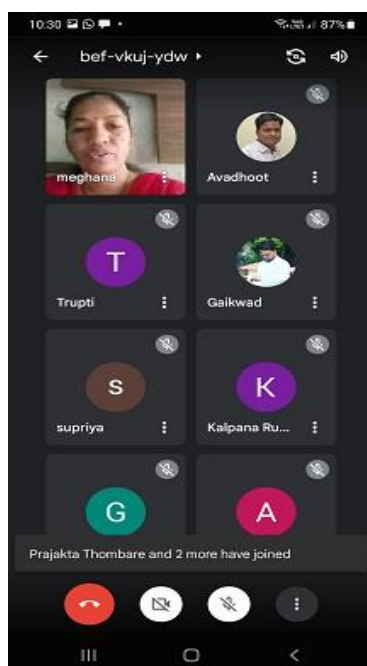
ORIENTATION OF 212



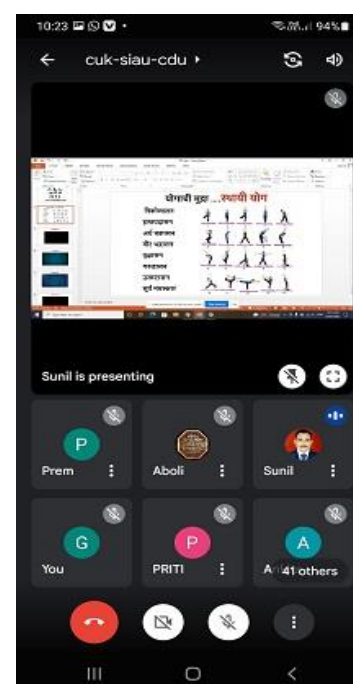
LEC BY PRO OGALE SIR



VRUKSHASAN



LECTURE ON CNCEPT OF STRESS



STHAYE YOGA